

30.1.15



ISRAMAN Eilat
NEGEVGROUP

FINISHER

Lehiany Shiran

Finished the 2015 ISRAMAN Negev 226

Category

Overall Place

Gender Overall Place

Category Place

Men30-34

45

41

3

Swim

Bike

Run

Overall Time

01:32:17.55

3.8k

07:22:33.80

180k

04:10:17.55

42.2k

13:05:08.90

226k