

30.1.15



**ISRAMAN** Eilat  
NEGEVGROUP

# FINISHER Yifrah Lior

Finished the 2015 ISRAMAN Negev 226

Category

Overall Place

Gender Overall Place

Category Place

men29

66

61

6

Swim

Bike

Run

Overall Time

01:43:55.45

3.8k

08:03:27.20

180k

03:48:46.65

42.2k

13:36:09.30

226k