

This is to Certify

That Sinai Ohad

Finished the Israman 226 Race

Category Men 24

XtriM Urban Fitness Team

Category Place 3

Overall Place 33

Time

1.1.1.1.1.1.ma

01:29:10.05 3.8k

ISRAMAH Swim

Time

06:55:17.55 180k

israman Bike

Time

03:43:13.80 42.2k

ISRAMAN ROYCEU RUN

Overall Time

12:07:41.40

Shvoong Sport Events Nir Barak, CEO www.shvoong.co.il



Race Director Boaz Ribak www.israman.co.il 17.1.14