



This is to Certify

That **Porat Asaf**

Finished the Israman 226 Race

Category **Men 30-34**

Team **Zone 3**

Category Place **2**

Overall Place **10**

Time

01:06:30.79 **3.8k**

ISRAMAN  | Swim

Time

06:27:17.81 **180k**

ISRAMAN  | Bike

Time

03:32:55.30 **42.2k**

ISRAMAN  | Run

Overall Time

11:06:43.90

