



## This is to Certify

That

**Avichail Shlomit**

Finished the Israman 226 Race

Category

**Women 40-44**

Team

Category Place

**5**

Overall Place

**171**

Time

**01:52:13.70** **3.8k**

**ISRAMAN** Eilat NEGEVGROUP | **Swim**

Time

**09:13:35.30** **180k**

**ISRAMAN** Eilat NEGEVGROUP | **Bike**

Time

**05:32:45.55** **42.2k**

**ISRAMAN** Eilat NEGEVGROUP | **Run**

Overall Time

**16:38:34.55**



Shvoong Sport Events  
Nir Barak, CEO  
www.shvoong.co.il

Race Director  
Boaz Ribak  
www.israman.co.il

**17.1.14**