



## This is to Certify

That

**Bednar Tomas**

Finished the Israman 226 Race

Category

**Men 30-34**

Team

**CZE**

Category Place

**5**

Overall Place

**19**

Time

**01:02:39.80** **3.8k**

**ISRAMAN**  **Swim**

Time

**06:45:41.50** **180k**

**ISRAMAN**  **Bike**

Time

**03:47:57.55** **42.2k**

**ISRAMAN**  **Run**

Overall Time

**11:36:18.85**

