



## This is to Certify

That **Bednar Tomas**

Finished the Israman 226 Race

Category **Men 30-34**

Team **CZE**

Category Place **5**

Overall Place **19**

Time

**01:02:39.80** **3.8k**

Eilat  
**ISRAMAN**  | Swim

Time

**06:45:41.50** **180k**

Eilat  
**ISRAMAN**  | Bike

Time

**03:47:57.55** **42.2k**

Eilat  
**ISRAMAN**  | Run

Overall Time

**11:36:18.85**

