



This is to Certify

That

Cohen Nir Avishai

Finished the Israman 226 Race

Category

Men 30-34

Team

Category Place

11

Overall Place

73

Time

01:34:52.90 **3.8k**

Eilat ISRAMAN **Swim**

Time

07:34:04.35 **180k**

Eilat ISRAMAN **Bike**

Time

04:13:33.00 **42.2k**

Eilat ISRAMAN **Run**

Overall Time

13:22:30.25

