



This is to Certify

That

Cohen Nir Avishai

Finished the Israman 226 Race

Category **Men 30-34**

Team

Category Place **11**

Overall Place **73**

Time

01:34:52.90 **3.8k**

ISRAMAN Eilat NEGEVGROUP | Swim

Time

07:34:04.35 **180k**

ISRAMAN Eilat NEGEVGROUP | Bike

Time

04:13:33.00 **42.2k**

ISRAMAN Eilat NEGEVGROUP | Run

Overall Time

13:22:30.25



Shvoong Sport Events
Nir Barak, CEO
www.shvoong.co.il

Race Director
Boaz Ribak
www.israman.co.il

17.1.14