



## This is to Certify

That **Aloni Ishai**

Finished the Israman 226 Race

Category **Men 30-34**

Team

Category Place **8**

Overall Place **41**

Time

**01:31:19.35** **3.8k**

**Eilat ISRAMAN**  **Swim**

Time

**07:06:29.25** **180k**

**Eilat ISRAMAN**  **Bike**

Time

**03:41:35.25** **42.2k**

**Eilat ISRAMAN**  **Run**

Overall Time

**12:19:23.85**

