



This is to Certify

That

Elon Gilad

Finished the Israman 226 Race

Category Men 30-34

Team

Category Place 19

Overall Place 165



Time

01:44:26.85 3.8k

ISRAMAH Swim

Time

08:50:18.80 180k

israman Bike

Time

05:35:54.60 42.2k

ISRAMAN RESTREMENT

Overall Time

16:10:40.25

Shyoong Sport Events Nir Barak, CEO www.shvoong.co.il



Race Director Boaz Ribak www.israman.co.il 17.1.14