



This is to Certify

That

Raz Aviran

Finished the Israman 226 Race

Category

Men 30-34

Team

עמותת ליאור ראש"צ

Category Place

15

Overall Place

102

Time

01:32:34.40 **3.8k**

ISRAMAN Eilat NEGEVGROUP | Swim

Time

08:13:34.50 **180k**

ISRAMAN Eilat NEGEVGROUP | Bike

Time

04:28:28.15 **42.2k**

ISRAMAN Eilat NEGEVGROUP | Run

Overall Time

14:14:37.05



Shvoong Sport Events
Nir Barak, CEO
www.shvoong.co.il

Race Director
Boaz Ribak
www.israman.co.il

17.1.14