



This is to Certify

That

Green Asaf

Finished the Israman 226 Race

Category

Men 30-34

Team

Category Place

18

Overall Place

126

Time

01:34:05.80 **3.8k**

ISRAMAN | Swim

Time

08:20:28.30 **180k**

ISRAMAN | Bike

Time

04:49:32.15 **42.2k**

ISRAMAN | Run

Overall Time

14:44:06.25



Shvoong Sport Events
Nir Barak, CEO
www.shvoong.co.il

Race Director
Boaz Ribak
www.israman.co.il

17.1.14