



This is to Certify

That

Uzan Ram

Finished the Israman 226 Race

Category Men 25-29

Trimax Team

Category Place 8

Overall Place 87

Time

1.L.H.H.H.

01:25:08.00 3.8k

ISRAMAH Swim

Time

07:20:04.60 180k

israman Bike

Time

04:55:46.00 42.2k

ISRAMAN RESTREMENT

Overall Time

13:40:58.60

Shvoong Sport Events Nir Barak, CEO www.shvoong.co.il



Race Director Boaz Ribak www.israman.co.il 17.1.14