



This is to Certify

That **Nir Eli**

Finished the Israman 226 Race

Category **Men 45-49**

Team **Zone 3**

Category Place **7**

Overall Place **45**

Time

01:16:18.15 **3.8k**

ISRAMAN **Swim**

Time

06:24:02.05 **180k**

ISRAMAN **Bike**

Time

04:48:41.25 **42.2k**

ISRAMAN **Run**

Overall Time

12:29:01.45

