

This is to Certify

That Golan Hagai

Finished the Israman 226 Race

Category Men 45-49

מכבי טרי-ג

Category Place 4

Overall Place 22

Time

01:17:45.60 3.8k

israman Swim

Time

06:38:38.15 180k

israman Bike

Time

03:41:26.50 42.2k

ISRAMAN ROY RUN

Overall Time

11:37:50.25

Shvoong Sport Events Nir Barak, CEO www.shvoong.co.il



Race Director Boaz Ribak www.israman.co.il 17.1.14