



This is to Certify

That

Golan Hagai

Finished the Israman 226 Race

Category

Men 45-49

Team

מכבי טרי-ג

Category Place

4

Overall Place

22

Time

01:17:45.60 **3.8k**

Eilat
ISRAMAN נגב | **Swim**

Time

06:38:38.15 **180k**

Eilat
ISRAMAN נגב | **Bike**

Time

03:41:26.50 **42.2k**

Eilat
ISRAMAN נגב | **Run**

Overall Time

11:37:50.25

