



This is to Certify

That **Dalach Or**

Finished the Israman 226 Race

Category **Men 25-29**

Team **TRIHARD**

Category Place **10**

Overall Place **140**

Time

01:46:12.10 **3.8k**

ISRAMAN Eilat NEGEVGROUP | **Swim**

Time

08:14:50.35 **180k**

ISRAMAN Eilat NEGEVGROUP | **Bike**

Time

05:10:26.40 **42.2k**

ISRAMAN Eilat NEGEVGROUP | **Run**

Overall Time

15:11:28.85



Shvoong Sport Events
Nir Barak, CEO
www.shvoong.co.il

Race Director
Boaz Ribak
www.israman.co.il

17.1.14