



# This is to Certify

That **Deleener Bernard**

Finished the Full Israman Race

Category **Men 40 - 49**

Team **BEL**

Category Place **22**

Overall Place **47**

Time:

**01:22:26.50**



3.8K

Time:

**07:24:05.80**



180K

Time:

**05:02:26.40**



42.2K

Overall Time:

**13:48:58.70**

Organizers

Shvoong Sports Events

[www.israman.co.il](http://www.israman.co.il)

[www.shvoong.co.il](http://www.shvoong.co.il)



Race Director

Avinoam Baruhin

Tal Cymbalista

Rafi Farhi

20.01.2012