



# This is to Certify

That **גרוס פאול**

Finished the Full Israman Race

Category **Men 30 - 39**

Team **myway**

Category Place **16**

Overall Place **74**

Time:

**01:56:58.90**



3.8K

Time:

**08:00:35.20**



180K

Time:

**04:56:60.65**



42.2K

Overall Time:

**14:54:34.75**

Organizers  
Shvoong Sports Events  
[www.israman.co.il](http://www.israman.co.il)  
[www.shvoong.co.il](http://www.shvoong.co.il)

Race Director  
Avinoam Baruhin  
Tal Cymbalista  
Rafi Farhi

20.01.2012

