

# This is to Certify

that **Frenkel Shmuel**

Finished the Full Israman Race

Category **גברים 49-45** Place **93**

Time: **05:37:15**



**42K**

Time: **08:17:43**



**180K**

Time: **01:28:53**



**3.8K**

Overall Time: **15:23:51**

